

## DISCOVER BEAUTIFUL HILL SIGHTS AND LOCAL PRODUCTS

The proposed tour was originated from the collaboration of Garda e-bike and some beautiful characteristic farms, such as Corte Bettini, Case Vecchie and Frantoio Muraglie. Starting from Case Vecchie in Monzambano (MN), you will be provided with a gift water bottle that you can fill with one of the delicious herbal teas produced by Az. Agr. Corte Bettini: flavours range from strawflower, to glacial mint, peppermint and sweet leaf. The first stop is at Muraglie Olive Oil Mill, a leading business for the plantation and pressing of olives; here you will visit the family-run oil mill and taste some appetizing oil of Lake Garda. The bike tour continues and winds through olive groves, vineyards and apple orchards of Garda morainic hills: an 18 Km journey to reach one of the most beautiful Italian villages, Castellaro Lagusello. On the way you may visit the 15th century church of S. Anna, the palace of Monte Oliveto and the ancient ice-house. Upon return, Paolo and Elena will welcome us with a food tasting of their delicacies, all produced in a traditional way, respectful of the environment. Their goods include bakery products prepared with the ancient wheat flour Gentilrosso, sweet and savoury compotes, honey, organic wine and medicinal herbs.

<b>LENGTH:</b>	Km 18
<b>DIFFERENCE IN ALTITUDE:</b>	mt 200
<b>TOUR DURATION:</b>	3 hours (on the saddle 2 hours)
<b>ROAD CONDITIONS:</b>	60% paved - 40% dirt road
<b>DIFFICULTY:</b>	easy using an e-bike
<b>DEPARTURE FROM:</b>	via Festoni, 36 Monzambano (MN)

## BIKE TOUR ON THE MORENIC HILLS OF THE GARDA LAKE

### DISCOVERING OFFICIAL HERBS, NATURAL WINE, HONEY, OLIVE OIL AND ANCIENT GRAINS

VISIT THE NATURAL RESERVE OF CASTELLARO LAGUSELLO IN A GUIDED TOUR WITH ELECTRIC BIKE RENTAL





# BIKE TOUR ON THE MORENIC HILLS OF THE GARDA LAKE

DISCOVERING OFFICIAL HERBS, NATURAL WINE, HONEY, OLIVE OIL AND ANCIENT GRAINS



## Adult price

The price includes electric mountain bike and bike helmet rental, as well as wine tasting experience. Available every day upon reservation.

## Info and reservation

**Alessia** +39 3383375019 [www.gardae-bike.com](http://www.gardae-bike.com)

E-bike rental prices and more tours and experiences among the hills and on Lake Garda are available on the website.

Alessia Zanzarzi has obtained her formal qualification as an e-bike tour leader, which is valid nationwide in the cycle tourism field and can guarantee you the most fun and exciting tours, using the right technique as well as high-quality e-bikes.

